



President: Peter V

Address: PO Box 2177, Walnut Creek CA 94595

D5160 Club 461

Notes: Jim O

Photos: Paul W

Feb. 18, 2026

Club Website: www.rossmoorrotary.org

District Website: www.rotary5160.org

MEETING NOTES: 02/18/2026

Call to Order: President Peter, Pledge-David B, Patriotic Song- "God Bless America."

Guests and Visiting Rotarians: Stu S. (invited by Eddie F.), Brian M. (returning to Gloucester, Mass. Will be back again)

Thought for the Day: John K.-Various humorous statements by famous people about human characteristics; e.g, Lincoln, Einstein, Arthur Clarke, Charles Schultz, and Bob Hope.

Happy Dollars: Bill B., and Stan H., and Teddi S., for their enjoyable golf trip with Rossmoor Golf Club to Puerto Vallarta. A very warm respite from our winter. David B, no accidents yet in new van. Carolyn H., to relieve her guilt from being away from us. Jim D. on envying the above.

Sunshine Report: none noted

ANNOUNCEMENTS

St. Pat's Party- Sharon L. Date: Monday, March 16, 2026. Place: Event Center. Cost: \$60-member, \$70 non-member. Last date to register, March 11. How to buy tickets, with Sharon at a meeting, or on-line, rossmoorrotary.org/party. This is an annual event co-sponsored with the Irish American Club. It is a fun occasion.

District 5160 Annual Conference- May1-3, Santa Rosa. Register on-line via Dacdb. All members especially new members are encouraged to attend. For more information, see Peter V.

Membership- Alison L. will pass on her chair of this committee to Janet C. Jim O. will be co-chair. The membership survey is being tabulated. Peter V. will give us details.

Program Committee- Jim O. The next meeting will be Thursday, February 26,2026, from 19:30-10:30 in the office of Sue Adams, Rossmoor Realty.

Paul Harris Award- to be given to Nace Ruvolo at a future date.

Happy Birthdays to: Jim O., Patrice J., Marlene M.

Raffle- Anne H., \$221. Congratulations. Janet C.-wine.

PROGRAM



Steve V., and Dr. Marilyn P. both met members Bill B., and Alison L., during our SEE'S holiday candy sale at Safeway. An invite for them to speak about their venture "Dream Central Now," at a future meeting was suggested.

They are recipients of YouTube's Silver Creator Award surpassing 100,000 subscribers. Dr. Marilyn talked about their world travels and presentations to Rotary Clubs around the world. The purpose of their work is to interact with people wanting interpretation of their dreams, guided music meditation, restorative yoga, relaxation, and sleep support.

Dr. Marilyn engaged us with her own personal experiences in a one-on-one discussion. Through her work and the work of Steve, with a publishing and nonprofit leadership background, they created the I AM Foundation that has gifted and distributed over one million books worldwide.

They brought with them for purchase several copies of their book *Dreams, The story of Your Life*. All proceeds of members who bought books they generously donated back to the club.

UPCOMING EVENTS

Feb 25	Saul Rosenberg – Diet for the Mind
March 4	Las Lomas High School Students
March 11	10:30 Club Board of Directors Meeting
March 11	Joy A. – Annual Rotary Assessment